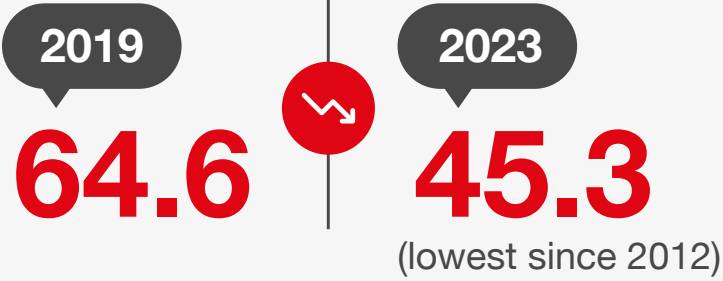
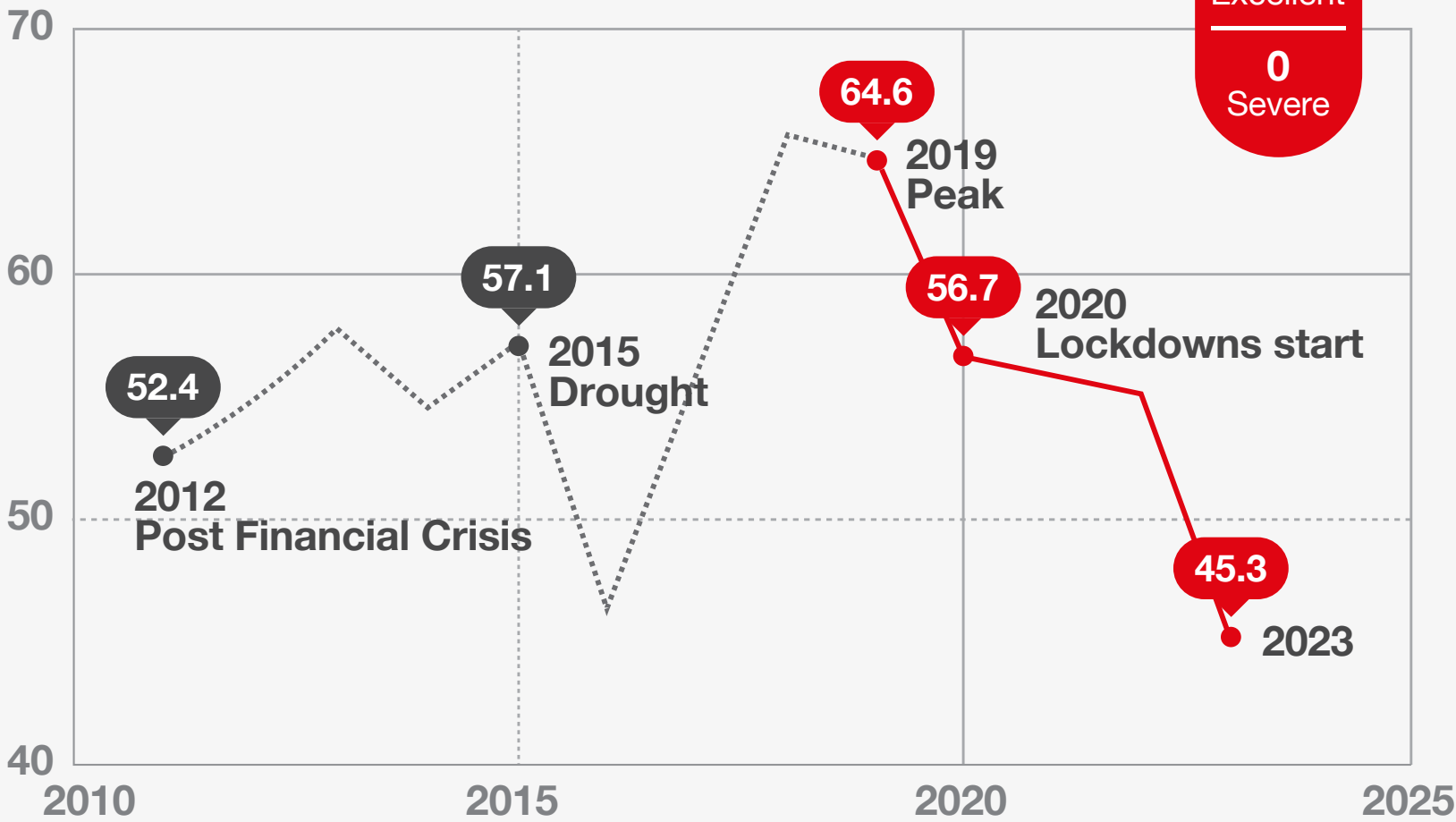


# South African Food Security Index 2024

Food security at its worst level



Trends show potential for recovery

2023 marks South Africa's lowest food security level, but long-term trends indicate potential for recovery.

## Provincial variation

Provinces like Limpopo fared well, but Eastern Cape declined from 'Good' in 2019 to 'Poor' in 2023.

## Key drivers

Inflation and weak economy impacted food security despite local cultivation efforts.

## South Africa's nutrition dilemma

### Persistently high stunting levels

Despite a decrease since the early 2000s, stunting rates remain alarmingly high in South Africa.



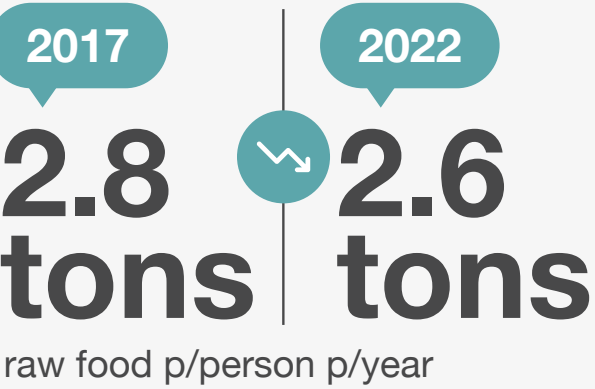
1 in 4 children are growth-stunted

highlighting a critical issue of inadequate nutrition during essential growth periods.

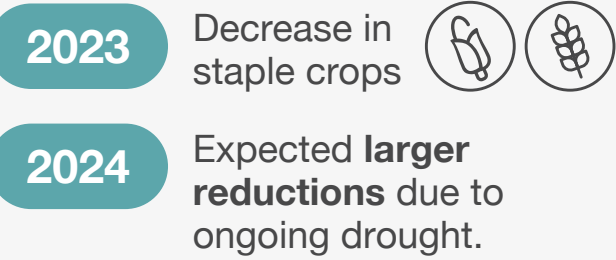


## Dimension 1 Availability

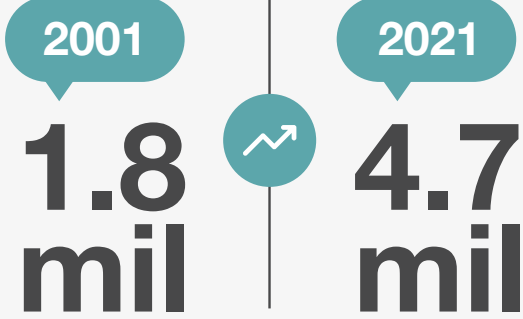
### Food availability



### Yield



### No. of people not meeting min kcal requirements



## Dimension 4 Stability

### Food security challenges

Recent years show instability in food security due to

- COVID-19 lockdowns
- economic hardship
- recent inflation



## Dimension 2 Access

### Child hunger

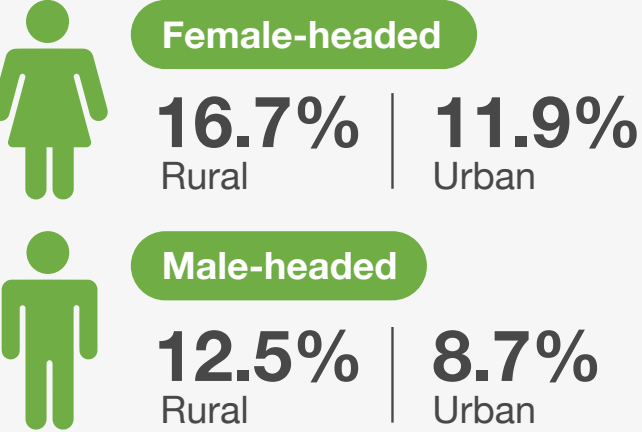


1 in 4 of the poorest households said children in their homes went hungry.

### Hunger rural vs. urban

Higher in rural areas for all demographic groups compared to urban areas.

### Hunger risk by household type



All data in dimension 2 is for 2023



Food Security Dimensions



## Dimension 3 Utilisation

### Food variety

#### Trend

Increase in households reporting low food variety since 2019.

#### 2023

23.6% of households consuming less food variety due to economic constraints.



Read the full annual South African Food Security Index online.